WHAT WOULD YOU DO? Case Study #2:

Little Jada rinsed her hands thoroughly with soap and water before going out to the garden to pick fruits and vegetables. Jada entered the garden wearing her sandals and her basket and began picking produce that was ready. As she was harvesting, Jada saw a broken glass bottle in the garden. She safely stepped over it and continued picking the produce. After a while of picking produce, Jada was feeling very thirsty. She looked around the garden and saw the garden hose. She went over to it, turned it on, and took a quick drink from the hose. When Jada finished in the garden, she gave the produce to her teacher to put in a safe place. She then washed her hands under the sink for two seconds before going back to class.

1. What did Jada do wrong?
--- Jada entered the garden wearing sandals. Sandals should not be worn because of physical hazards that could be present in the garden.
--- Jada only stepped over the broken glass that was in the garden. Jada should not pick it up because of potential harm, but she should also not completely ignore it.
--- Jada drank out of the garden hose. NEVER drink from the garden hose. Jada could have potentially harmful microorganisms in her mouth, and they could travel from her mouth to the soil or produce through the stream of water and make the produce unsafe.
--- Jada only washed her hands for 2 seconds under the sink. It is important to wash hands thoroughly with soap to clean the hard-to-reach areas on her hands and remove any potentially harmful microorganisms that got on her from picking produce.

2. What can YOU do to avoid these problems?
--- Bring a pair of close-toed shoes to school if you are wearing sandals. Before entering the garden, change into the shoes to avoid any sharp objects (broken class, sharp plastic or stones). Shoes should be kept on until leaving the garden area.
--- Inform the teacher or adult of the broken glass when it is seen. The teacher or adult will be able to remove the broken glass safely so people who go into the garden later are not cut by the broken glass.
--- Do NOT drink from the hose. Bring a water bottle out to the garden with you and set it by the garden entrance or go visit a nearby drinking fountain. When thirsty, leave the garden, take a quick drink, and then go back to picking produce.
--- When washing hands, make sure to lather them with soap for at least 10-15 seconds, or how long it takes to sing, “Happy Birthday.” After lathering, rinse the rest of the soap off and wash hands with a single-use, disposable paper towel.